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EFFECT OF PAKEM (PARTICIPATORY, ACTIVE, CREATIVE, EFFECTIVE, AND FUN) METHOD ON SMOKING HABIT OF VOCATIONAL SCHOOL STUDENTS OF MAKASSAR INDONESIA

Ida Leida Maria¹, Muh Syafar² and Mega Marindrawat³
Faculty of Public Health Hasanuddin University, Indonesia.
Correspondence: ¹Idale_262@yahoo.com

ABSTRACT

The aim of the study is to determine the effect of PAKEM (Participatory, Active, Creative, Effective, and Fun) method on smoking habits of students in vocational school of Makassar. The study employed a quasi-experimental design with randomized pre-test post-test control group. Samples were 70 students of grade XI of Vocational School Students of Makassar are Kartika Wirabuana Makassar (intervention group) and Industrial technology vocational school (Control Group). Samples were withdrawn with systematic random sampling. Data were collected with questionnaires and were analyzed with paired t-test, Wilcoxon test, unpaired t-test, and Mann-Whitney test. The result of the research indicated that there are significant PAKEM on smoking habit, namely knowledge, attitudes, and practice ($p=0,000$, $p=0,000$, $p=0,000$, and $p<0, 05$), in Makassar Industrial Vocational School. The conclusion of this study is there was effect of PAKEM method to knowledge, attitudes, and practice. Recommended that health education about smoking using PAKEM method can reduce on smoking habit.

Keywords: PAKEM, Knowledge, Attitudes, Practice, Adolescents.